

CHAMARA FOUNDATION (R.)

presents

Seugegonau CHAPLARA

ಬೇಸಿಗೆಗೊಂದು ಚಾಮರ 2025

SUMMER CAMP

April 11th to 16th

"Samudhaya Bhavana"

Baikampady Mogaveera Sabha (R.) Baikampady, Mangalore.



BESIGEGONDU CHAMARA® 2022 – A Recap (Report)

Chamara[®] Foundation is a unit that is founded with the ambition of revamping the field of education. In all ways, our amazing team is committed to helping society with the theme of education in mind. Chamara[®] Foundation supports initiatives on Childfocused interventions, directly reaching out to a large group of children and the needy through various welfare projects. Taking its commitment to children's quality education and growth, Chamara Foundation organized a Summer Camp programme, named 'BESIGEGONDU CHAMARA[®]' – A Summer Camp.



On this vision, we through our foundation have been organising free Summer camps for children's since 2019, Even in 2022 we organised seven days of Summer Camp during April 05-10, 2022. This camp mainly focused on developing the overall skills of children with various fun-filled and educative activities. Under our banner, we have organised this camp *free of cost* to all the kids and with special interest to the students of a government school in and around the district of Dakshina Kannada.



OBJECTIVES:

- To engage the kids in activities that they find both enjoyable and meaningful
- To give them an opportunity to learn and develop skills like Painting, Craftwork, Dance, etc.
- To provide an even platform for all kids to explore and express their creativity, in any form
- To educate and create awareness among them about various issues like the Environment, Nutrition, etc.

CAMP DURATION:

The camp kicked off on the 05th of April 2022, and we concluded on the 10th of April 2022. The intra-day duration was from 09:00 A.M. to 4:00 P.M. on all days. The Camp was inaugurated on 05th April 2022 in Government High School, Meenakaliya, Baikampady, Mangalore – 575010 by our own Tulunad Movie Actor and Director Sri Sai Krishna Kudla and showered his words of encouragement to CHAMARA® Foundation. Popular Tulunaadu Artist Sri Mime Ramdas was the Chief Guest of the Event, event was Presided by Sri Vasanth Amin, President Baikampady Mogaveera Mahasabha. Other Dignitaries like Sri Laxminarayana,

Headmaster, Government High School, Meenakaliya, Baikampady, Mangalore, Sri Vishwanatha Karkera, Renowned Chartered Accountant Mangalore were part of the Inauguration of the Summer Camp "Besigegondu CHAMARA®"

Some captured memories:













DETAILS OF CONDUCTED ACTIVITIES:

1. ART & CRAFT:

In keeping with the theme of Creativity, Painting, Poster Making, and Sketching, Students found ideas, activities, crafts and colouring pages that gave lots of fun and excitement at summer camp. They learnt how to make cool crafts using recycled materials, create critters from natural objects, make beads, mix up cave paint and much more!

















This activity helped the students develop their bilateral coordination, and fine motor skills, promote their artistic efforts, improve visual processing skills and promote executive functioning.

2. YAKSHAGANA, DANCE, MIME AND MUSIC:

Yakshagana, Mime Shows, Music and dance are great stress removers. Music is the shorthand of emotion and dancers are the messengers of the gods. Classical Contemporary, Western, Hip hop dance forms, Yakhagana basics, Mime show and Common musical forms were introduced to the students.

















This activity helped our Children in having loads of fun. It allowed them to stay active in a fun and exciting way. All the while, the kids developed important social and emotional skills without even realizing it.

3. YOGA:

Yoga develops physical and mental health. Yoga means the addition of energy, strength and beauty of body, mind and soul. Notwithstanding the fact that the school was observing summer vacation, a total of 150 students took part in the session. The students were educated on the importance of Yoga. They explained that yoga helps in maintaining not only physical and mental health but also healthy social life. The students were taught various Aasanas starting with warming up and stretching followed by the series of Padmasana, Paschimottasans, Pawan Muktasana, Vajrasana

















4. PERSONALITY DEVELOPMENT:

The influence of human personality on the functional efficiency of an organization and its people has been widely recognized.

















We at BESIGEGONDU CHAMARA® came up with an intensive programme on personality development, especially for children and adolescents. A personality development programme focused on all behavioural and emotional aspects of a child and modifies them through appropriate and suitable skills training.

VOLUNTEERS INVOLVED:

Be it during the planning stage, or when the camp was in progress, the wholehearted efforts of all the volunteers involved are what made the Conducting of the Summer Camp a success.

We are especially grateful to the following volunteers:

- Sri Mime Ramdas and Sri Premnath Marne renowned artists and experts in their field, who led all Art and Craft Sessions throughout the camp.
- Sri Mithun Shriyan, who conducted the Yoga Sessions
- Ms Thrisha for enthralling the kids with Mime Show, Sri Shivaram Panambur for teaching the kids with Yakshagana basics, Ms Harshitha Hosabettu and Master Veekshan Marne for teaching the kids folk songs and ting the kids to shake a leg too.
- Mrs Jayashree for teaching the students with drawing and painting skills.
- Sri Tharanath Kairangala for teaching collage making through his wonderful skills.
- Smt Chaya, Nutritionist for conducting a session on nutrition, health and hygiene and also a special session for all the female students on menstrual hygiene.
- We wholeheartedly thank Sri Lakshminarayan Sir and the whole Teaching and Non-Teaching fraternity for the coordination provided in the Government School.

A Big Thank You to all of the following volunteers, who helped coordinate events throughout the camp:

 Shirish Kumar, Rajeeva Kanchan, Divya, Naveen Sequeria, Neha, Rachana, Manish, Karthik Bhat, Gangadhar Suvarna.

Heartfelt Thanks to All our Sponsors without their help and support of them this dream wouldn't have been a reality:

Cine Galaxy	25,000.00
Cardolite	25,000.00
Bujanga kotian	1,000.00
Prasad Raj Kanchan	5,000.00
Sudhakar Shetty	5,000.00
MSEZ	15,800.00
Romeo	1,000.00
Vishwanath bangera	5,000.00
Girish Baikampady	2,000.00
Om prakash	1,000.00
Praveen amin	1,000.00
Krishna Shetty	2,500.00
Madhukar Kanchan	1,000.00

Shekar Narayan Kunder/ Dayavathi S kunder 20,000.00

BASF Mangalore 20,000.00

KIOCL sponsored lunch on valedictory and provided 130 kits for kids



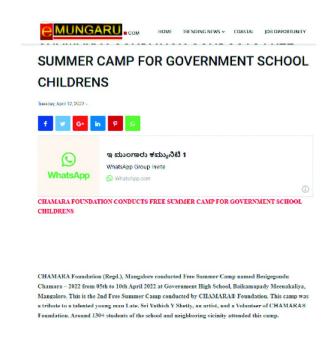






A big thanks to the press and Media for covering this Event without whom we could not have reached and attained the publicity for this event.





CONCLUSION:

We concluded on 10th April 2022 with a grand Valedictory ceremony gifting the kids with Educational Kit and grand Lunch.



Display of all the kid's works crafts and drawings, Performances from our kids and exciting and encouraging words from the guests made this event ended with great smiles all over.

"HOW TO PREPARE AND FACE EXAMS, CAREER GUIDANCE FOR 10th STANDARD STUDENTS"

Chamara® Foundation Conducted this Session as a tribute to the dynamic Leader from Team, Late. Sri Yathish Shetty, to The 10th Standard Students Of Government High School - Meenakaliya, Baikampady, Mangalore, Mangalore on March 05th, 2022.

Passing 10th is a significant educational milestone. It is here where you start thinking about your career preferences on a serious level. The decision you make here paves the way, in most cases, for the rest of your career in life, with this intention Chamara® Foundation conducted a workshop for students of 10th standard





of Government High School - Meenakaliya, Baikampady, Mangalore on 5th March 2022, with a tribute to our best Contributing Volunteer and an ambitious leader from Chamara® Foundation Late. Sri Yathish Y Shetty. This Session was conducted by the Managing Trustee Rachana and the member Mr Manish K Salian.



This session also emphasised what stream to follow like science, commerce, arts etc or finding your domain of interest, Chamara Foundation's speakers carefully guided and answered all burning questions that haunted the kids. The session was designed with a personal approach at the core which ensured the utmost value gained for the kids.

OUR UPCOMING INITIATIVE

BESIGEGONDU CHAMARA® 2023

(A Tribute to Late. Sri Yathish Y Shetty)

From 11th – 16th April 2023

Summers are filled with excitement, relaxation, rejuvenation, connection, and creativity. We aim to provide programs to give students a jump start for the summer vacations, help build and deepen connections, and to gain new experiences.

CHAMARA® Foundation is here yet again with its Summer Camp "Besigegondu Chamara® 2023" from 11th to 16th April 2023 at 'Samudhaya Bhavana', Baikampady Mogaveera Mahasabha (Regd.), Baikampady, Mangalore. This camp is a tribute to our Programme planner and a member who was a strong backbone of the Chamara Foundation Late. Sri Yathish Y Shetty.

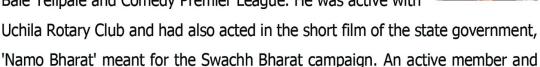
About Late. Yathish Y Shetty

Yathish, after completing a degree in software engineering, was employed at 99Games Online Private Limited,

Udupi. His achievements in the fields of music, painting, dance, Yakshagana, play etc was commendable. Yathish was a friendly man involved with Sannidhi artists Udupi, Javaner



Uchila, Mokeda Kalavider Kunjoor, Sakshi Kalavider Belapu, and Samsara Kalavider Paniyoor groups as an amateur and multi-talented artist. He was also known for his comedy skits, Bale Telipale and Comedy Premier League. He was active with



programme planner of the Chamara Foundation, he always provided the best experience to all the participants and especially the kids in the camp. Yathish Y Shetty (25), a multi-dimensional artist, breathed his last in a private hospital in Mangaluru due to ill health on Wednesday, November 17, 2021.

Introducing Summer Camp

Summer camp is a great way for students to learn new skills, explore their interests, and make lifelong friends. It's also an opportunity to get away from the everyday routine and have some fun. Fortunately, there are many summer camps available for students of all ages. These camps offer a wide range of activities such as sports, arts and crafts, nature exploration, music, and more. Not only can these camps help students build their confidence and socialize with peers, but they can also provide them with valuable life skills that will stay with them for years to come.

For students looking for fun and enriching activities to do over the summer, a free summer camp could be the perfect solution! At this camp, students would have amazing opportunities to learn new skills, meet new friends, and explore their interests. From workshops to arts and crafts projects, there is something for everyone. Our experienced resource persons would provide guidance on how to make the most of each activity, giving kids a chance to use their creativity and develop their passion without any cost or worry.

What can it Make a Difference?

Children in the age group of six to ten years are in the moulding stage. The right skills imparted now can help them shape their life and future. Besigegondu Chamara[®] has come up with ingredients to help children gain different life skills which will not only help themselves but also their surroundings.

The vision of the Camps:

Chamara® Foundation's vision of summer camp is focused on overall Personality Development along with creative sessions on art & craft and other activities.

"You can make a difference" is also an inimitable and unique concept of the workshop, which helps children become a creative, dynamic, productive and sensitive citizens of India and by instilling the belief that each individual is capable of making a difference.

Target Group

Children in the age group of 7 to 15 years from different organizations, communities, and schools, in and around Mangalore are the beneficiaries of this programme.

Objective

This programme is designed for the enhancement and management of skills required to achieve success and opportunities for personal growth that last a lifetime. The core ingredients of the programme are as follows - Personality Development; Life Skill Management Time management and goal setting skills; Communication skills Basic safety and self-defence techniques; A session on awareness regarding child abuse Health, nutrition and dietary habit; Workshop on Parenting Skills Methodology for Implementation: Role plays Dramatization and demonstrations; Lectures and discussions Colouring and painting; Pictorial and chart presentation Yogic Kriyas; Quiz sessions.

Our Ambition

We hope to be able to address their needs with your help. This campaign began in an effort to promote literacy, arouse cultural participation, and explore artistic skills. Art, culture, and literacy have the ability to reshape entire civilizations, strengthen local communities, and foster a feeling of identity and belonging in individuals of all ages. Culture, as a vehicle for youth development and civic involvement, is critical in supporting long-term social and economic growth for future generations. Kids may function as cultural bridge builders and crucial actors in increasing appreciation and international understanding.

AN APPEAL TO YOU

Dear Sir/Madam,

Subject: Request for Sponsorship for Summer Camp to be organised by CHAMARA® Foundation (Regd.)

Chamara® Foundation is a unit that is founded with the ambition of revamping the field of education in all ways, our amazing team is committed to helping society with a theme of education in mind. On this vision, we through our foundation are organising six days Summer Camp during April 11 - 16, 2023. This camp mainly focuses on developing the overall skills of children with various fun-filled and educative activities. Under our banner, we are organising this camp *free of cost* to all the kids and with special interest to the government school students in and around.

In order to organize this event, we require some funds (details annexed under **Annexure 01**) and hence we would like to make an appeal to you/ your company to kindly support us from your end by donating some amount to the cause. You are running such a renowned and reputed business and you are also associated with many other charitable organizations which gives us hope that you will offer your hand of help. I request you to kindly make charity for this event of ours as much as possible and these budding generations of our nation will be blessed. Your generous support will be highly appreciated.

With Regards,

Ms Rachana (Managing Trustee, CHAMARA® Foundation)

Annexure 01 – Estimated Expenses (150 Kids) for Summer Camp (from 11th to 16th April 2023)

Si. No	Particulars		Estimated Amount (₹)
01	Sponsor Banners, Promotional materials and Flex		₹. 45,800/-
02	Books and Kits, Certificates for Children's		₹. 40,500/-
03	Hall and Maintenance		₹. 15,000/-
03	Remuneration to Resource persons		₹. 35,000/-
04	Lights, Sounds, Chairs and Other Arrangements		₹. 15,000/-
05	Fruits, Breakfast and Eatables for Children's		₹. 15,000/-
06	Grand Lunch (provided on the last day of Camp – 16th April (200 members)		₹. 30,000/-
07	Miscellaneous		₹. 10,000/-
		Total	₹. 2,06,300/-

PLEASE CONTRIBUTE AND JOIN HANDS IN MAKING THIS DREAM OF THE CHAMARA FOUNDATION INTO A REALITY AND BE A REASON FOR THE SMILES OF OUR FUTURE GENERATION.

You can perform the transfer through NEFT, cheque, or cash.

NEFT Details:

Account Name: M/S CHAMARA FOUNDATION

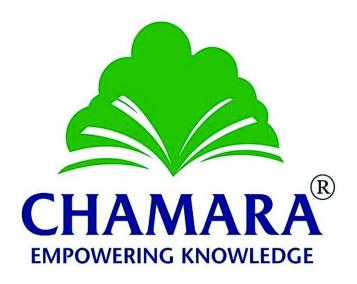
Account Number: 510101006925013

IFSC Code: UBIN0901768

Beneficiary Bank: Union Bank of India, Vishwa Kamala Building,

Main Road, Baikampady, Mangalore, Karnataka

Cheque Payable to: M/s Chamara Foundation





About Us - CHAMARA® Foundation

The CHAMARA® Foundation, which was established in 2019, encourages action and helps communities. We put a lot of effort towards easing the hardships encountered by individuals with whom we deal because we really believe in the power of humanity. An entity called the CHAMARA® Foundation was established with the goal of modernising the educational system. Our incredible staff is dedicated to improving society in all ways with the idea of education in mind. Via numerous welfare programmes, the CHAMARA® Foundation directly reaches out to a sizable population of children and the poor in order to promote efforts on student-focused interventions. CHAMARA® Foundation conducts various events for the betterment of Government students in and around the State, the prime motto of the Foundation is to uplift the quality standards of the students who are deprived or are not able to accomplish certain activities or skills due to financial implications.

Our Team RACHANA

MCom-Finance

: An experienced Assistant Professor. She's a leader of a calibre, nothing can stop her in her way and passion for work. Even in the most difficult of times, situations, hurdles, and hardships, she has the capability to come out undeterred. Her motive is to be kind and graceful yet determined and aggressive on her way to success. A perfect person to lead.

SHIRISH KUMAR

B.Com, Hotel Management (IIT Mumbai)

Born in Hosabettu, Worked for TCS, Mumbai till 1985 and later worked for more than 30 years in the Sultanate of Oman. During that period engaged in social & cultural activities. Proud to say one of the founding members of Muscat Mogaveera Koota, served as Cultural Secretary of Tulukoota Muscat and Karnataka Sangha Oman. Being an Actor & director, staged more than 24 plays & Yakshagana performances in Oman. After retirement, he is serving citizens of native under different banners, Founder & Main Convener of Mogaveera Helplines, President of Shri Shriyan Adi Mulastana, and Member of Tulukoota Udupi, In addition, he works part-time to raise public understanding of traffic regulations in order to reduce traffic accidents.

RAJEEVA KANCHAN

A Former Corporator who brings his connections and ideas to the Foundation is a person of great calibre and respect. He manages the most important aspect of this team and makes all possible efforts to ensure the programme and all the initiatives are run and completed in a smoother way. His presence in the team makes this the blend of constructive feedback and opinion-gathering individuals. Currently also a Trustee of Urwa Shree Mariyamma Temple, Mangaluru.

GANGADHARA SUVARNA

Simple yet the most effective man in the Team, always in the front row when it comes to providing guidance in achieving the best results with minimum resources. He is a man who loves the culture and is always supportive when it comes to any initiatives of the Team.

SUKESH KUMAR SHETTY

B.Com.LL.B.

An advocate by profession but also an enthusiastic Press Reporter, who has always been at the forefront of leading activities conducted for children, he under the banner 'Chintana' has experience running several camps, activities and initiatives for children. A man who believes in the proverb 'action speaks louder than words, has achieved several laurels in and around society for his service to the people. To summarise he's a passionate learner, advocate and a person who loves to make a positive difference through his contributions.

RAMESHA BHAT

MBA – Finance

A man with 20+ years of Professional experience across industries in Finance, Account and Admin. A Passionate social worker who has engaged himself with many organisations and many humongous contributions towards the development of the needy sections of the community. Being a part of a team, he has dedicated himself to improving health and well-being with compassionate care and bringing medical solutions and support to those who need it the most.

PRASHANTH KUMAR

Bachelor's in Visual Art (BVA)

A Designer by profession, his designing skills outstands and the projection of every event of the Team have been showcased so beautifully that the team is always appreciated for its Digital presence and its way of approaching every event. Even a simple plan is given a creative touch by his creative talent. His presence in the Team makes this bunch of people visible to everyone.

PREMNATH MARNE

M.A.B.ed.

: An Asst teacher, A teacher by day, an artist by night. He's passionate about helping students realize their potential through the power of art and literature. Unlocking the power of knowledge and creativity one student at a time he educates students on the nuances of art and literature through creative teaching methods. He has always Helped students reach new heights with unique teaching methods.

MANISH K SALIAN

BA(Law)LL.M. – Business and Trade Law

As every Team requires a planning and event manager, he is one such addition to this Team, who has been the person providing Legal expertise in every initiative of the Team. Always ready to work at the ground level, he has showcased his willingness to work till the end moment, so the Team always reaches the desired end. A man with a heart that loves the Coastal culture always wants to give this belt great programmes which enable and puts the Coastal people on par with all the greatest landmark achievers.